

# REQUEST FOR INTERNATIONAL TRAVEL CONSULTATION

University of Iowa Student Health  
Travel Clinic

Name Today's Date  
Date of Birth Student ID  
E-mail Phone Number

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## Instructions

- Provide complete information regarding your itinerary, health, and available times for appointment
  - Submit form promptly via
    - E-mail attachment PDF to [travelforms@healthcare.uiowa.edu](mailto:travelforms@healthcare.uiowa.edu)
    - Print and deliver to Student Health & Wellness (4189 Westlawn) or fax to (319) 384-1703
  - If a physical examination is a requirement for international travel (study abroad program, employment, etc.) including form completion/letter from medical provider, please call (319) 335-8394 to schedule an appointment separate from a travel consultation
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## Itinerary

Purpose(s)

Destination(s)

Accommodations

Arrival date

Return Date

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## Health Information

Allergies (medications, environmental, eggs, etc)

Medication(s) & Supplement(s)

Chronic Medical Conditions

Females - date of last menstrual cycle

Pregnant/plan for pregnancy during travel

## Immunizations

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### Appointment

The information provided will be used to determine which immunizations and prescriptions you may need /receive at your clinic visit. Inquire with your insurance about coverage for travel immunizations, medications, and travel consultation (not covered by your health fee) BEFORE your appointment - it differs between plans and tier levels. The Travel Clinic will not know your coverage.

**You will be contacted by e-mail with your appointment time.** Please be considerate when cancelling and/or rescheduling your appointment. Please indicate below days (not dates) of the week and times during the week (Monday through Friday, check-in times 8:15 AM to 11 AM and 1 PM to 4 PM) to schedule your appointment. The clinic is located at Westlawn building, not the Iowa Memorial Union.

day of the week preference #1 time(s) - allow for an hour

day of the week preference #2 time(s) - allow for an hour

day of the week preference #3 time(s) - allow for an hour