

# Hawkeye Healthcare Roadmap

An outline of healthcare resources for students in the Iowa City area. Referrals are not required.  
Insurance is accepted at all locations.

## General Health

### UI Student Health



4189 Westlawn South, Iowa City  
(319) 335-8394  
Mon-Thurs 8am–5pm, Fri 9:30am–5pm  
By appointment only, < 1 week wait time

### UI QuickCare/Urgent Care



Iowa City, Coralville, & North Liberty  
Mon-Fri 7am–7pm, Sat-Sun 7am–5pm  
Walk-ins only (can reserve a spot in line online)

### Johnson County Health Path Clinic



855 S. Dubuque St, Iowa City  
(319) 356-6042  
Tues 2pm–6pm, Thurs 2pm–4pm  
By appointment only, 1-2 week wait time  
Free or discounted services based on income

### Free Medical & Dental Clinic



2440 Towncrest Drive, Iowa City  
(319) 337-4459  
Mon & Thurs 6pm–9pm  
By appointment only, 1-2 week wait time  
All services free of charge

### LGBTQ Clinic



Iowa River Landing Clinic  
105 E 9th St, Coralville  
(319) 467-2512  
Mon-Fri (day and evening appointments available)  
By appointment only, 2-10 week wait time

### UI Sports Medicine



2701 Prairie Meadow Dr, Iowa City  
(319) 384-7070  
Mon-Thurs 7:30am–8pm, Fri 7:30am–5pm  
By appointment only, < 1 week wait time

## Sexual Function & Pelvic Health

### UI Urology Clinic\*



Iowa River Landing Clinic  
105 E 9th St, Coralville  
(319) 356-2421  
Mon-Fri 8am–5pm  
By appointment only, 2-12 week wait time  
(depending on health concern)  
\*Men's health appointments available

### UI Obstetrics and Gynecology Clinic\*



Iowa River Landing Clinic  
105 E 9th St, Coralville  
(319) 467-2000  
Mon-Fri 8am–5pm (open until 8pm Mon & Wed)  
By appointment only, 2-12 week wait time  
(depending on health concern)  
\*Female sexual health appointments available

### UI Pelvic Floor Physical Therapy

200 Hawkins Drive  
John Pappajohn Pavilion, Elevator I, LL, Iowa City  
(319) 356-2663  
Mon-Fri 8am–5pm  
By appointment only, referral recommended  
(required by some insurance), 1-6 week wait time

### Sex Therapy & Couples Counseling



Julian & Associates Psychotherapy Services  
1114 North Dodge, Iowa City  
(319) 382-4720  
Mon-Thurs 9am–6pm  
By appointment only, < 2 week wait time



Online Scheduling



Walk-Ins Welcome



Free/Reduced Cost



STI Testing & Treatment

## Pregnancy Services

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### UI Obstetrics

Iowa River Landing Clinic  
105 E 9th St, Coralville  
(319) 467-2000  
Mon-Fri 8am–5pm (open until 8pm Mon & Wed)  
By appointment only, confirmation of pregnancy  
appointment based on date of last menstrual cycle

### Informed Choices

821 South Gilbert, Iowa City  
(319) 358-1000  
Wed 9am–5pm, Thurs 10am–6pm  
By appointment only, < 1 week wait time  
Treatment regardless of ability to pay

### Planned Parenthood

850 Orchard Street, Iowa City  
(877) 811-7526  
Mon-Sat (hours vary)  
Walk-in or by appointment, < 1 week wait time

## Wellness & Mental Health

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### UI Student Health

4189 Westlawn South, Iowa City  
(319) 335-8394  
Mon-Thurs 8am–5pm, Fri 9:30am–5pm  
By appointment only, < 1 week wait time

### UI Student Wellness

4189 Westlawn South, Iowa City  
(319) 335-8394  
Mon-Fri 8am–5pm  
Free wellness coaching and consultations on  
fitness, nicotine cessation, nutrition, sleep hygiene,  
stress management, substance use support  
By appointment only, < 1 week wait time

### UI Counseling Services

University Capitol Centre, Suite 1950 or  
3223 Westlawn South, Iowa City  
(319) 335-7294  
Mon-Fri 8am–5pm  
By appointment only, < 1 week wait time

## Choosing between UI QuickCare, Urgent Care, the ER, & 911

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### UI QuickCare

Minor illnesses and injuries such as:

- Earaches
- Eye infections
- Urinary tract infections (UTIs)
- Diarrhea, nausea, vomiting
- Rash
- Insect bites
- Minor burns
- Seasonal allergies

### Urgent Care

Conditions treated at QuickCare as well as :

- Broken bones
- Strains and sprains
- Cuts and scrapes requiring stitches
- Dehydration requiring IV fluids

### Emergency Room (ER)

Serious or life-threatening conditions such as:

- Head injury
- Stroke
- Severe bleeding
- Chest pain
- Abdominal pain
- Difficulty breathing
- Severe pain
- Major trauma
- Suicidal thoughts

### Call 911

If a person could die or be permanently disabled, call 911 to have an emergency team come to you right away.



Online Scheduling



Walk-Ins Welcome



Free/Reduced Cost



STI Testing & Treatment